

Rotunda *Delivery*

50th
Issue



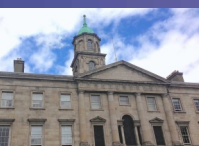
The Official Newsletter of The Rotunda Hospital



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Pictured: Mum Caoimhe, Dad Stuart and baby Senan

NICU Refurbishment

In August 2017, work commenced on a new four bed extension to the special care area. This was followed in January 2018, by complete renovation and modernization of the remaining NICU which finished at the end of December.

Unfortunately, due to space restrictions, ideal incubator and cot spacing was not possible. Therefore, throughout the works, an emphasis was placed on design that would help declutter and enhance the environment. We are very proud of the results achieved despite the lack of space. Infrastructural improvement includes state of the art air conditioning, which ensures a complete exchange of air in the main NICU every three seconds, and lighting, which allows different zones of the unit to be lit or dimmed independently of each other as needed.

In addition, significant investment was

made in equipment with the purchase of high tech modern incubators, respiratory drivers and monitors so that each patient space is streamlined and clearly delineated with an individual monitor for access to the electronic healthcare record. Not only is the NICU now a much brighter, more modern area for both parents and staff but, importantly, it is a much safer place for our babies as the new enhanced environment significantly reduces infection risk.

We hope to continue upgrading services in our unit and are delighted that over the last few weeks, due to the very kind donations of families through the foundation, we are in the process of getting bespoke privacy blinds and beautiful cot side recliners which will improve comfort when breastfeeding or doing kangaroo care.

We would like to thank all our staff and parents for their great patience and understanding while these works were ongoing.





Message From the Editor

Welcome to the Spring Edition and first **Rotunda Delivery** Newsletter for 2019. This issue marks a significant milestone in the continuous production of the newsletter which is highly regarded as a staff communication tool.

First circulated in November 2006, the newsletter has continued as a quarterly publication since then, with a number of bumper issues celebrating key events over the years. We are proud that this edition marks the 50th issue of **Rotunda Delivery**.

Since its production, different areas of the newsletter have become established favourites. Items such as the pertinent leading stories on our *Front Page*, our ever popular *Over to You* section, the informative Quality and Safety features, and information on as many *Hospital Initiatives* as we can fit in.

Since its inception, we have published 57 lead articles reflecting the changing landscape of the Rotunda. There have been a total of 56 Hospital Initiatives reported, highlighting the success stories of the hospital including national and international awards. Forty six quality and safety features crossed our pages advising staff on issues relevant to the safe delivery of care.

Last but not least, our most popular *Over to You* features have brightened our lives in recounting staff exploits in volunteering abroad and in graciously supporting charitable events run by the Foundation and other charities. We have heard about your hobbies and dreams and more importantly we have gotten to know who is at the heart of the Rotunda Hospital. You.

We have totalled 252 news items that keep us all aware of our fellow staff and motivate us to do more daily. Our 50th edition is a milestone we hope you will celebrate with us, as this newsletter has always been published for each member of staff.

As the Chief Editor and on behalf of the Editorial Committee I would like to take this opportunity to thank the Master and the Executive Management Team for their continued support over the past 12 years and also a big thank you to all staff who have contributed news stories in the production of the newsletter to ensure we have met this milestone of 50.

Kieran Slevin
Editor

Letters to the Editor

If you'd like to send a letter to the Editor, suggest a subject to be covered in our next issue or even write an article for us, please contact Kieran Slevin at kslevin@rotunda.ie or at ext 1777 or email newsletter@rotunda.ie

News

Biannual Audit and Research Meeting

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Congratulations to the following prize winners at the Rotunda Biannual Audit and Research Meeting on Jan 11th 2019.

First Place Adrienne Wyse

Our experience of cold coagulation in the Rotunda Hospital – the first 1000 patients

Second Place Jenny Stokes

A re-audit of the use of methotrexate in the management of ectopic pregnancy

Joint Third Place Mark Hollywood

Ambient noise exposure in the Neonatal Unit

Joint Third Place Bobby O Leary

Anal sphincter injury associated with vaginal twin delivery



Management Team Update

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We are heading into Spring with all of our services remaining very busy as we maintain our position as the leading maternity hospital in Ireland.

We continue in 2019 to develop capabilities in MN CMS and to ensure that the system is fully optimised. The ongoing optimisation and development of the system has been a collaborative effort requiring dedication and teamwork of many staff within the hospital including the HSE, Cerner and maternity services nationally.

We continue to develop business intelligence from the system for use in service planning, clinical audit and research. The next stages of development for MN CMS will be the rollout of a gynaecology electronic patient record and developing Health Link to GPs.

Due to a fantastic positive feedback from the public and our staff, a second run of the TV series "The Rotunda" will be aired in 2019. It will provide further opportunities for our staff to highlight the quality service they provide and for the public to gain a greater understanding of the excellent care we consistently provide to our patients.

We also wish to take this opportunity to recognise the challenges faced by all staff across all disciplines, who ensure we continue to provide safe care to all our patients throughout the INMO Midwifery and Nursing industrial action.

Additionally, we wish to acknowledge the efforts of the Rotunda Midwifery and Nursing discipline who sought to receive as many derogations as possible during the dispute so that patient care would not be compromised or adversely impacted. We recognise the efforts being made at a national level by the HSE to resolve this dispute and trust that on the conclusion of the dispute, the Rotunda will be in a position to return to the provision of normal services as soon as possible.

Rotunda Relocation Project

The Rotunda continues to take the lead with progressing relocation to Connolly Hospital. A fundamental requirement for the Rotunda is that clinical services have to be developed in Connolly to a level 4 status before we can progress relocation. This includes development of ICU and theatre capabilities in Connolly. The EMT will keep staff updated on any other further developments in relation to this project over the coming months and throughout 2019.

Rotunda Campus Improvements

Throughout 2018 and continuing into 2019 there has been a significant and ambitious programme of capital works to improve patient and staff experience and to address infrastructural risks.

FAU: Works are now fully complete and the unit has been successfully refurbished with the development of two new scan rooms and a new patient waiting area.

NICU: Phase 1, 2 and 3 are now complete and NICU has been fully recommissioned. These works were essential in order to address fire safety risk, spatial issues and minimise infection control risk. The development of a four bed expansion of the NICU has also been completed.

OPD refurbishment works continue and have been expanded to include POPD.

Gynaecology Ward: All four gynae rooms have been refurbished and completed.

Electrical Boards: Works continue on a rolling programme. Boards have been upgraded in the Nurses Accommodation block which services ICT and OPD. The restaurant basement electrical board works commenced in November 2018. These works are ongoing and will be complete in due course.

Theatre Build/Delivery Suites: This is major capital development for the Rotunda and is being managed in house with funding provided by the Rotunda Board, enabling works to continue with additional stacked car parking space being provided. A start date of 18th February 2019 was agreed with the contractor. A Project Team has been established including Design Team and they will manage the work programme to minimise disruption to patients and staff.

Finance/Funding

The Rotunda's final financial allocation in 2018 was €59.5m and this allowed us to achieve financial break even in 2018. This was a significant achievement in a restrictive funding environment and is reflective of good multi-disciplinary approach to cost control and providing value for money in service provision. To date there has been no formal indication of funding for 2019 but financially we have projected out an increased requirement in funding of 7% approx. €3.5m to fund pay awards and service

developments. Financial Risks in 2019 include: Cash flow, Medical equipment replacement, Capital works funding to address health and safety issues, and finally Brexit.

Quality and Safety

National Standards for Safer Better Maternity Services

The unannounced inspection focusing on obstetric emergencies took place on January 9th and 10th. It involved meeting with the Clinical Leads, Clinical Midwife Managers in the Delivery Suite, Theatre, Assessment and Emergency Unit and Neonatal Unit, NCHDs, other staff members and the Executive Management Team. Provisional feedback provided to the EMT at the end of the inspection was generally positive. We await receipt of the report.

HIQA Monitoring Programme for 2019

Monitoring against the National Standards for the Prevention and Control of Healthcare Associated Infection will include assessment of decontamination of reusable medical devices. It will also assess the approach taken to protect patients from the threat of CPE.

Medication Safety Monitoring Programme - unannounced inspections will include both a sample of hospitals that have yet to be inspected under the programme, alongside re-inspection of some hospitals that have previously been inspected to determine progress achieved.

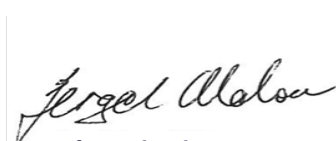
HR Matters


We extend a very warm welcome to the latest intake of NCHDs who commenced employment in early January and to all new staff who commenced this year. Work continues to recruit midwifery and nursing staff to support the clinical areas in the hospital.


To align to Strategic Plan 2017-2021 Principle number 2: Improving staff experience the following have been progressed:

Pension Officer: To support all staff with pension queries and entitlements

TMS: Continued roll out of TMS to support staff in managing time and attendance and ensure that they are appropriately paid for hours worked


Prof Fergal Malone
Master


Ms Fiona Hanrahan
Director of Midwifery/Nursing


Mr Jim Hussey
Secretary/Group General Manager

Our Amazing Fundraisers

Terra Spirits

"For the amazing support and care that my family received from Dr Afif and his team, I would like my donation of **€25,000** to be used to purchase equipment for NICU." *Shaun McKeivitt*

Green and Gold Mile Christmas Charity Walk

"In Loving Memory of our son Donnacha James Darby, Rhode GAA Club in Co. Offaly, raised **€5,211.03** for NICU." *Brian and Paula Darby.*

Giving Back for Zach

"Myself and my closest friend, Cliona Kelly, encouraged followers on our social media platforms to enter a draw for a hamper of prizes by donating €3 to the *Give Back for Zach* fundraising page. I want the **€15,845.77** funds raised to go towards the purchase of new equipment for the NICU to say thank you to the incredible staff". *Michelle Ross.*

Leo and Luke's Memorial Football Match

Parents Ger Grehan and Sinead Byrne organised a tribute football match in loving memory of their sons Luke and Leo. The match was held in Dalymount Park last December and raised a phenomenal **€30,000** in support of NICU's Equipment Wish List.

Happy 50th Birthday Fintan!

"This time 14 years ago, our family were dealing with the extremely early arrival of my nephew Conor and his twin brother Senan. They decided to make an appearance for Christmas instead of Easter, which was the original plan. 24 weeks gestation is at the extreme edge of viability and, although he fought so bravely, little Senan sadly passed away the next day. His courageous spirit went on, into the fray, to help his little brother to fight the good fight. Conor played his part and fought to overcome various stumbling blocks on his journey." *Fintan Whelan has so far raised over €2,596.46 for NICU.*

Skydive for Senan

"On May 15th, 2017, our beautiful son Senan was born sleeping. As anyone can imagine, our world came crumbling down around us. We were so lucky to get the support from the amazing bereavement team in the Rotunda. They have helped myself and my family get through the worst time of our lives. I have organised a skydive with other family members to give back to the team for everything they did for us. I cannot put into words the appreciation that I have for them. So far, we have raised **€3,000.**"

Collette Kelly and Keith Langan

"We were delighted to present **€260** in lieu of our recent *Wedding Favors* to Dr Breda Hayes in support of the NICU's Tentacles for Tinies Initiative".

J. Maekie

€1,000 to support the work of Bereavement Support Services.

TEMEC Limited

€1,000 to support the work of Bereavement Support Services.

Thomas Lawrence Donnelly

€500 to NICU

Fundraising Awareness Week: 11-17 February 2019

Raising funds for the Rotunda Foundation, Chetan Chauhan and Luke Doyle raised over **€1,200**

Rotunda Christmas Carol Service Collection

€482.80 in support of Medical Social Work Services

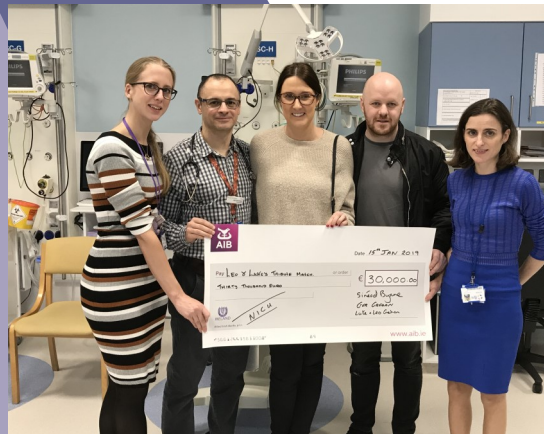
Coming Up This Summer ...

Charity Parachute Jump for the Rotunda Foundation! Are You Interested?

Contact challoran@rotunda.ie

VHi Women's Mini Marathon

Interested in raising money for the Rotunda Foundation? Contact foundation@rotunda.ie



Catering Updates



Beata Banach and Kathy Burns

We are delighted to welcome Beata Banach as the new Deputy Catering Manager as well as Trevor (Chef 1) and Kathy Burns (Supervisor in the restaurant)

Reduce – Reuse – Recycle!

We were early off the mark with our Reduce, Reuse and Recycle campaign. With help from the HSE Vaccination fund, we presented each staff in the Rotunda with a reusable cup to reduce the need for disposable cups. Furthermore, we are phasing out non recyclable packaging

and replacing with compostable versions to achieve our Reduce, Reuse and Recycle campaign. New bins for compostable waste are being installed around the catering areas for proper disposal. Rotunda Café has also joined in and are now using 100% compostable cups and lids and have placed a compostable only bin outside their shop. We want to dramatically reduce our landfill waste and we hope all Staff restaurant users will play their part in this campaign!

Cashless Dining!

With a new till system installed in the Staff Restaurant, we are launching our cashless dining system. Every staff member is welcome to collect a fob and set up an online account to top up. This can be used to tap at the till for easy and quick pass through the till.

Community Midwifery

The Community Midwifery Team (CMT), formerly known as Domino, has been providing community services in Dublin North since 2005. Over the years the services have expanded and they currently have nine antenatal clinic with an additional Balbriggan clinic.



Balbriggan	Monday	2:00pm - 5:00pm
Blanchardstown	Monday	5:00pm - 8:00pm
Darndale	Tuesday	10:00am - 12:00pm
Coolock	Tuesday	5:00pm - 8:00pm
Rush	Wednesday	2:00pm - 4:00pm
Finglas	Wednesday	2:00pm - 4:00pm
Swords	Wednesday	5:00pm - 8:00pm
Ballymun	Thursday	2:00pm - 5:00pm
Cabra	Friday	09:00am - 12:00pm
Rotunda	Friday	3:30pm - 6:00pm

My Path to the FRCPath

By Ciaran Mooney
Clinical Scientist in Haematology

Clinical scientists work as part of a multidisciplinary team (MDT) in a laboratory environment, performing complex data analysis and research and using this knowledge in the diagnosis and monitoring of patients with haematological disease. In the UK, Consultant Clinical Scientists train to the same level as medically qualified pathologists by completing a five year Higher Specialist Scientific Training programme (HSSTP) post registration or demonstrating equivalent education, training and experience. In Ireland the examinations for the Fellowship of the Royal College of Pathologists (FRCPath) in Haematology are required for the title of Consultant Clinical Scientist.

At present there is no formal training programme for medical scientists to prepare for the FRCPath, however with the support and guidance of Dr Melanie Cotter and Dr Fionnuala Ni Ainle we designed a programme of study in tandem with the NHS FRCPath HSSTP

curriculum. As the first Irish medical scientist to sit the clinical scientist exam in Haematology, the RCPPath were initially hesitant in granting permission but after reviewing the proposed training plan they allowed me to proceed.

Training involved weekly attendance at adult and paediatric haematology clinics in TSH and the Mater, regular attendance at the Rotunda specialist coagulation clinic, attendance at haematology rounds in the Mater and MDTs. After the first year of training I sat the exam in the RCPPath. Another five months of training ensued before I travelled to the UK to sit the second part of the exam. Finally I completed the FRCPath part II exam - a 25,000 word casebook consisting of 10 cases at a publishable standard.

Although the Consultant Clinical Scientist role is not yet recognized in Ireland, the FRCPath qualification is hugely beneficial for a medical scientist in their day-to-day tasks.



Ciaran Mooney

Hot Topics in Midwifery and Women's Health

Study Evening for Practice and Public Nurses

6:30pm Registration with Buffet Dinner in the Pillar Room

7:30pm Welcome Address - Fiona Hanrahan, Director of Nursing and Midwifery

7:40pm An Update on Perinatal Mental Health Services and Supports presented by Ursula Nagle and Jeanne Masterson, Perinatal Mental Health Midwives

8:00pm Breastfeeding and its Challenges in Primary Care - support during pregnancy and postnatal period presented by Maura Lavery and Ashling Breathnach, Clinical Midwife Specialists in Lactation

8:20pm A Practical Guide to Managing Newborn Problems during the First Weeks of Life in Primary Care presented by Christine McDermott and Edna Woolhead, Advanced Nurse Practitioners (Neonatology)

8:45pm Q&A

Rotunda Prenatal Team Awarded NOCA Quality Improvement Champions 2019

The Clinical Audit Team are delighted to have the opportunity to congratulate Julie Horgan, Fionnuala Nugent and the rest of the staff on the prenatal ward on being awarded the National Office of Clinical Audit (NOCA) Quality Improvement Champions 2019 at the NOCA National Conference on the 6th Feb 2019, for their clinical audit project: *"Outpatient Managed Midwifery Induction of Labour."*

Clinical audit is the systematic review and evaluation of current practice against best practice standards with a view to improving clinical care for service users. Julie began her project with an initial audit, reviewing induction times for normal risk women. Based on the findings, midwife led inductions for low risk postdates women were introduced and induction times were subsequently re-audited. The results speak for themselves – with an 85% reduction in waiting time for women and a 40% uptake in the opportunity to return home for the first 24hr of induction.

The success of this project was down to the stakeholders involved and those who facilitated and encouraged this project. But most of all, credit must be attributed to the positive and proactive management and staff on the prenatal ward who were so important in the drive for change and assuring positive choices for women and birth partners.

As well as winning the prestigious title of NOCA Quality Improvement Champions 2019, this project was shortlisted for 'Outpatient Initiative of the Year' at the Irish Healthcare Awards 2018 and was presented at the International Maternal Health Conference in TCD in Oct 2018 and at the 7th Annual Quality Patient Safety Meeting in Beaumont Hospital in Nov 2018. Well done Julie et al!

By Valerie Jackson, Clinical Audit Department
and Julie Horgan, CMM1 Prenatal Ward



Julie Horgan being presented with the NOCA Quality Improvement Champion Award

Physiotherapy Quality Improvements

By Brona Fagan and Anna Hamill
Physiotherapy Department

In 2018, the neonatal physiotherapists and nursing staff took on a quality initiative project to improve positioning of babies in incubators in the NICU. Positioning is a vital component of providing neuro-developmental care to our smallest and sickest babies who need to spend time in an incubator when they're born. We researched current guidelines and practices and began by conducting small group training sessions at the cot side with nursing staff.

We ran 15 minute sessions which comprised of an educational component and Jeyanthi Sukumaran, Clinical Skills Facilitator, demonstrated a nest using blankets and sheets. Our colleagues, in Household, assisted with gaining access to softer flannel sheets to line the nests.

Over the last four months we have provided training to 70% of nursing staff. On World Prematurity Day, last November, we had a poster display and practical demonstration of a nest in the Pillar Room.



Baby Sadie Grace Browne (Grand-daughter of Pamela Browne) positioned in a nest

Quality Improvements in Radiology

By Aine Hahessy
Radiology Services Manager

We hope to replace our main x-ray room with a digital version, which means that the processing of images will be very fast, allowing for quicker diagnosis and better detail. The advantages of using digital radiography means a lower radiation dose to paediatric and neonatal patients we x-ray because of the technology it uses. The step to digital will also include one of our mobile x-ray machines in the Neonatal Unit. The speed of image processing will greatly increase throughout as the images will be available immediately on the touch screen after exposure. This image can then be immediately sent to the hospital network wirelessly.

The package that we hope to procure very soon includes a tablet so this can then be used in other areas of the hospital when mobile radiography is required. Patient and staff experience and satisfaction will be improved by the fast acquiring technology.

The Radiology Department in the Rotunda is the National Centre for hip screening for dysplasia. We are scanning symptomatic babies early in their lives resulting in the diagnosis of infant hip dysplasia earlier, which results in better outcomes for the babies. The Rotunda will host the upcoming infant hip ultrasound course from April 4th - 6th when we will welcome the Faculty to the Pillar Room to train new candidates to the world of infant hip ultrasound screening.

We will commence a new Hycosy service shortly, which is linked to the Rotunda's strategic objective regarding pre-conceptual care. Under ultrasound guidance imaging of the entire uterine cavity will be achieved, reducing the need for using ionising radiation to investigate tubal patency. It is inexpensive, fast, and a well-tolerated method of determining tubal patency.

All of these improvements mean better outcomes for our patients, safer care and ultimately improving patient experience.



Retirements

Venerable Gordon Linney has retired from the Board of Governors. Venerable Linney served on the Board of the Rotunda for 30 years. For 16 years he operated in an ex-officio capacity as Archdeacon of Dublin and for 14 years as a Governor. He was Chairman of the Corporate Governance Committee for several years and the designated Governor or 'go to' person for staff under the Good Faith Policy which he relinquished in April 2018.



Dr Mary Holohan joined the Rotunda as a consultant in 1995 and has been a stalwart colleague in so many different areas. She set up and led the dedicated specialist service for management of women with epilepsy in pregnancy. Similarly, she set up and led the service for monitoring Rhesus antibodies in pregnancy. On the gynaecology side she set up the promotion of the Continence Clinic, and along with the physiotherapy team, has been a huge advocate for women in this regard. Countless women have been saved unnecessary surgery due to Mary's intervention. Mary has a wonderful work ethic and has always been willing to work hard to deliver best care to our patients. She has been a great supporter of Rotunda staff down through the years and will be hugely missed. We wish her a very long, healthy and happy retirement.



Dr Paul Byrne joined the Rotunda in 1991, having returned from training in Birmingham. He was appointed as Senior Lecturer at RCSI, and was co-appointed to Beaumont Hospital. Paul was instrumental in setting up the Day Care Unit, which was initially focused on the outpatient management of women with hypertension. In the early 1990s, this was an innovative move that helped many women avoid unnecessary admission to hospital. The service has substantially grown in the years since then. Paul has specialist expertise in Urogynaecology and provided a superb service for the surgical management of women with urinary incontinence. On the education side, he will be fondly remembered by RCSI students for his excellent teaching and mentorship support. Paul will be a major loss to the Rotunda and we wish him a very long, healthy and happy retirement.



Appointments

We are delighted to announce that **Peter Foran** has taken up the senior manager role as Head of Finance and Procurement effective from February 2019. Peter is business focused and an experienced Senior Finance Manager. He has extensive knowledge of financial accounting, management accounting, implementing and monitoring financial controls and business intelligence. He is experienced in procurement compliance, change management, and risk management. Peter is a Fellow Member of Association of Chartered Certified Accountants (FCCA) and has a post graduate qualification in Operation Risk Management. His professional career has been in a number of senior finance managerial roles in the 3rd Level Educational and Banking Sector. We wish him well in his new role.



We are delighted to announce that **Dr Richard Duffy** has been appointed to the role of Consultant General Adult Psychiatrist. Dr Duffy is a graduate of Trinity College and completed higher specialist training in general adult and liaison psychiatry in January 2017. He has practiced as a consultant in a number of Hospitals to include the Mater and Beaumont. He is passionate about education and sees this as an essential part of delivering an effective liaison service. His background in research will be helpful in identifying and quantifying needs of the Rotunda Hospital in order to advocate for service expansion. Dr Duffy has undertaken research and published extensively in the field of psychiatry. We welcome him to the consultant team here at the Rotunda and wish him every success in his role.



Well done to **Ruth Ritchie, CARU**, winner of the competition in the Winter issue.

Win a €250 ARNOTTS voucher

To be in with a chance of winning a **€250 Arnotts Voucher** simply answer the following:

Q: Who is the NOCA Quality Improvement Champion?

Send your answers to Kieran Slevin, HR Dept, Rotunda Hospital, Dublin 1. Closing date 30th April, 2019. One entry per person. Terms & Conditions apply. www.arnotts.ie

Answer: _____

Name: _____

Dept & No: _____