

Rotunda *Delivery*



The Official Newsletter of The Rotunda Hospital



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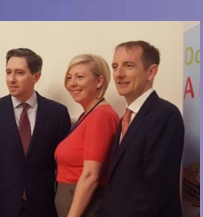
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Staff Recognition Celebrating 25 Years

The Rotunda Hospital celebrated Charter Day on Friday, 2nd November 2018. Charter Day is one of the most important dates in the calendar year in terms of the governance of the hospital. It provides an opportunity for the Chairman, Governors and the Executive Management Team to meet with all staff and provide an overview of key achievements, research and initiatives throughout the year. This year as part of the Charter Day celebrations, awards were presented to staff in recognition of their long and loyal service.

Staff who have dedicated their careers to the Rotunda who had 25 years, and more, service were recognised for such loyal service with the presentation of a specially commissioned long service medal, a certificate of recognition and a monetary voucher. Sixty five staff were

eligible for the recognition awards and while all of these staff had at least 25 years' service, a significant number had in excess of 30 years, which is a remarkable achievement by any standard and very much appreciated by the Board of the Hospital and senior management. The award ceremony provided a wonderful opportunity for staff from all disciplines to receive their awards and a great photo opportunity to capture this occasion for all concerned.

Many of the staff also used the opportunity after the award ceremony to celebrate the day by meeting up with colleagues they have worked with over those years. The feel good factor was palpable on the day and we expect in 2019 to continue with further awards.

Well done to all the recipients for their dedicated professional and loyal service.





Message From the Editor

Welcome to the Winter edition of *Rotunda Delivery*. As another extremely busy year draws to a close, 2018 has once again been a year associated with a significant amount of change both here at the Rotunda and nationally. As Christmas quickly approaches and the festive season gets underway, in this edition we highlight a number of key activities which occurred over the past number of months.

Our front page story focuses on the recognition awards presented to staff with 25 years and more service. The awards were presented on 2nd November at the annual Rotunda Hospital Charter Day celebrations. Sixty five staff received awards at the ceremony and the event created a great buzz and sense of achievement for all concerned throughout the hospital. The Executive Management keep us updated on a number of Rotunda Campus improvements. The Rotunda Foundation provides us with an update on the various fund raising activities they are supporting at this time of year. We have included many other news stories which we hope as always, will be of interest to all healthcare professionals represented here at the Rotunda.

Throughout September and October the Hospital hosted a number of conference and key events. Culture Night, on the 21st September, provided an opportunity for the first time for members of the public to have access to the historic Rotunda Chapel and to learn about the history of the oldest working maternity hospital in the world. In October, Minister for Health, Simon Harris formally addressed the Midwives Centenary Conference. Eleanor Power gives an overview of the Maternity Open Day on page 6. This is the first time we have held such an event and it provided an opportunity for visitors to look at elements of the maternity services we provide.

Finally, I would also like to thank the Editorial Team for all their hard work on the newsletter throughout the year. On behalf of the Editorial Committee, a big thank you to the Master, Prof Fergal Malone and the Executive Management Team for their continued support of *Rotunda Delivery*.

We would like to wish you and your families a very happy and peaceful Christmas.

Kieran Slevin
Editor

Letters to the Editor

If you'd like to send a letter to the Editor, suggest a subject to be covered in our next issue or even write an article for us, please contact Kieran Slevin at kslevin@rotunda.ie or at ext 1777 or email newsletter@rotunda.ie



Midwives Centenary Conference

In July 1918 the Midwives (Ireland) Act was passed. Trained midwives could now register and practice under the rules of their regulating body, the Central Midwives Board of Ireland. The Board sat in the Customs House, Dublin on the 1st October, 1918. To mark this important centenary a conference took place in the Pillar Room, Rotunda Hospital, Parnell Square and discussed historical and contemporary perspectives in Midwifery. Historians and midwives, from Ireland and abroad, came together to arrange a programme of stimulating talks and discussion.

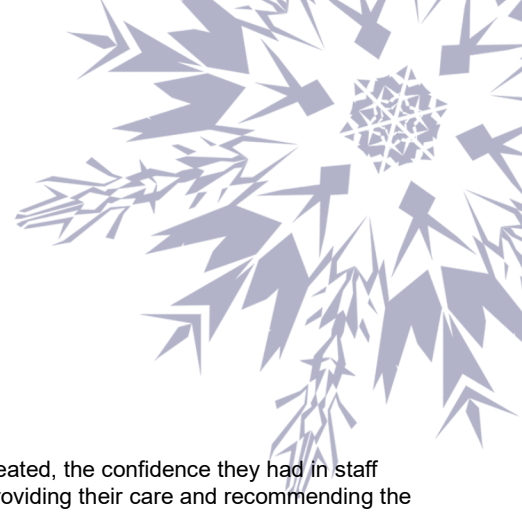
Presentations at this unique event considered the way in which childbirth began to change in the 1740's, exploring popular midwifery prejudices and practices in pre-Famine Ireland. Minister for Health, Simon Harris formally addressed the Conference. Papers presented on the day discussed the impact of the Midwives (Ireland) Act on the organisation, education and training of midwives together with Irish maternity care policy. Contemporary presentations illustrated how motherhood is supported in the 21st Century. Women's views and experience of their mental health needs in the perinatal period were revealed, as was the prevalence of anxiety in pregnancy and postpartum. Colleagues from Belfast HSC Trust discussed the success of the "Midwife Led Growth Assessment Clinics" and the "Getting Ready for Baby: Group Based Antenatal Care and Education." The ORAMMA Project focused on the development of best practice model of maternity care.

The conference was well attended and closed on a social policy note "Midwives voices in Irish Maternity care: contemporary developments."

Minister for Health, Simon Harris formally addressed the Conference.



Management Team Update



Welcome to the Winter edition of *Rotunda Delivery*. As we approach the end of another busy year we want to take this opportunity to say thank you for your valued commitment to safe patient care and your support to the Executive Management of the Hospital throughout the year. The Hospital's activity and acuity levels continue to increase with increased number of deliveries and maternal registrations in 2018. The Rotunda Hospital is currently the largest stand alone maternity hospital in the country in terms of activity.

It is also the 1st anniversary of the historic implementation of MN-CMS Maternal and Newborn Clinical Management System. It's introduction was challenging. We were delighted to be the first maternity hospital in Dublin to have introduced a full electronic health record (EHR) for all babies and women receiving maternity services at the Rotunda. The EHR has enhanced safe care to all our patients by using the electronic record instead of a paper record, allowing clinical information to be shared with relevant providers of care on a real time basis. We continue to develop capabilities in MN-CMS and to ensure that the system is fully optimised. The ongoing operation and development of the system has been a collaborative effort requiring dedication and teamwork of many staff within the hospital, the HSE, Cerner and maternity services nationally. Successful implementation was a monumental achievement and once again demonstrates the commitment and dedication of all staff throughout the hospital to it's service.

On the 18th November, the Hospital held the Annual Service of Remembrance in the Pro Cathedral. The Cathedral was filled to capacity and many families who attended spoke very highly of the dignified way in which the ceremony was conducted and of the dignified respectful tone of the staff that participated.

Another first for the The Rotunda was the TV series that was aired on RTÉ from mid-September to mid-October for six weeks providing the opportunity to show case our staff, skill, expertise, culture and promotion of the hospital as a world class maternity hospital to the public. The series received extremely positive feedback from the public

and our staff. An indication from RTÉ was that it was their most successful documentary for the last five years. It is intended to have a second series in 2019 that will provide further opportunities for our staff and more importantly for the public to gain a greater understanding of the excellent care we consistently provide to our service users.

Rotunda Relocation Project

The Rotunda continues to take the lead with progressing relocation to Connolly Hospital. A fundamental requirement for the Rotunda is that clinical services have to be developed in Connolly to a level 4 status before we can progress relocation. The EMT will keep staff updated on any other further developments over the coming months.

Rotunda Campus Improvements

The following is an update on the major programme of capital works being undertaken by the Rotunda at present:

- OPD refurbishment works are ongoing
- Electrical Boards: works continue on a rolling programme of works. Boards have been upgraded in Nurses Accommodation block which services ICT and OPD. The Restaurant basement electrical board works commenced on the 19th November.
- Theatre Build/Delivery Suites refurbishment: This work will include a power sub-station and conversion of recovery area into an additional operating theatre. The tendering process has been completed and the tender has been awarded to the successful contractor. A start date and programme is to be agreed with the contractor. Enabling works have commenced for the theatre build. With all major works there is disruption and discomfort for patients and staff. This will include restrictions on car parking and other impacts such as noise. The EMT will work closely with contractors to minimise this as far as possible and are appreciative of staff's cooperation.

Quality and Safety

A patient experience survey was undertaken in June /July and the results are now published on the Rotunda website. The overall results are extremely positive with 99% satisfaction for how the patient was

treated, the confidence they had in staff providing their care and recommending the Hospital to a friend or family member.

Finance/Funding


The Rotunda budget allocation of €55 million from the HSE for 2018 represented an increase of approximately 4.1 % on the final 2017 allocation. We continued to engage with the RCSI Hospitals Group throughout 2018 to ensure adequate funding was available to support a safe and high quality service to all our patients. The increase in allocation in 2018 was primarily to fund national pay awards. It is envisaged that the Hospital will have a projected shortfall by year end. The Hospital continues to work collaboratively with the RCSI Hospitals Group in order to address such a shortfall. The biggest financial risk to the organisation during 2018 has been cash flow and due to underfunding the Hospital is under major pressure financially to meet its obligations to pay suppliers on time.


In Q4, the finance department has actively prepared for PAYE modernisation. This modernisation which is countrywide requires employers to submit the details of each employee's pay to Revenue on or before each pay day. In preparing for this change, relevant staff attended training events and the Payroll Department has engaged with stakeholders to ensure the payroll package is ready to meet the obligations effective 1st January 2019.

HR Matters

Work continues to recruit midwifery and nursing staff to support the clinical areas in the hospital. We extend a very warm welcome to the nurses who have recently taken up posts in the NICU and Theatre in addition to the midwives who have joined our staff in 2018. This on-going recruitment drive has had a very positive impact on patient care and staff morale. Charter day provided the opportunity on behalf of the Hospital Board to recognise staff with long and loyal service over 25 years' service. Sixty five staff were presented with a long service medal, gift voucher and a certificate recognising such service. The presentation of such awards proved to be an immensely uplifting occasion for all staff on the day.


Prof Fergal Malone
Master


Ms Fiona Hanrahan
Director of Midwifery/Nursing


Mr Jim Hussey
Secretary/Group General Manager



In Celebration of World Prematurity Day, 2018, at the Rotunda

We held a party in the Pillar Room on Thursday, 15th November 2018. It was a very happy occasion to celebrate the babies born in 2016 who weighed less than 1500 grams. Last year, our party invitees were babies born in 2015, launching this as an annual event. Dr Breda Hayes, Clinical Lead for the Unit, opened the day by welcoming families together with the NICU Consultants and staff who were so delighted to meet families again. Our Rotunda Knitters also participated and displayed gift packs of tiny knitwear for our premature babies born in the Rotunda.

We also held a fundraising awareness promotion in the Hospital during the week and, in conjunction with the magnificent Rotunda Catering team, held a special staff coffee morning that raised over €300 for the NICU. Our parents also held a coffee morning and raised €1500 and our *Tentacles for Tinies* fundraising promotion was launched and so far has raised over €3,000.



Dublin Marathon Runners Fundraise for the NICU

Congratulations to Rotunda staff member and NICU Consultant, Mike Boyle (pictured left) and Conall Dennedy who teamed up to run in this year's SSE Airtricity Dublin Marathon and raised an incredible €11,600 for the NICU. Our sincere appreciation to all of our other Dublin Marathon fundraisers whose stories are captured on our website www.rotundafoundation.ie and Rotunda Foundation Facebook Page.

Culture Night 2018

The Rotunda Hospital contributed to Culture Night for the very first time on September 21st this year. The public were offered a rare opportunity to access our beautiful historic Rotunda Chapel - the jewel in the crown of the world's oldest maternity hospital - and to learn about the history of one of Dublin's most recognisable landmarks. The success of the event was due to the hard work of the organisers, the Rotunda Foundation and our staff volunteers who were knowledgeable about the Chapel's main features.

A Rare Visit to the Rotunda

By Noreen McHugh
Senior Library Assistant, Rotunda Hospital



Our Culture Night visitors got much more than a brief glimpse at the Chapel. In the ornate Pillar Room a public introductory lecture by Anne O'Byrne, Head Librarian, described the work on the beautiful Chapel commissioned by Dr Bartholomew Mosse, founder of the Rotunda Lying-In Hospital in 1745. Tour groups were escorted via the lavishly decorated grand stairway to the Chapel. Professor Michael Geary and Dr John Loughrey fascinated their audience with anecdotes and knowledge of the Chapel features - the cherubs and ceiling motifs, the allegorical groups of *Faith*, *Hope* and *Charity*, and the alter centrepiece by Cramillon decorating the Venetian window. Access to the Charter as well as the Donation Boards and the "Rotunda Birth of a Nation" lobby exhibition were facilitated by Anne, John and Michael who captivated visitors with their ardour and in-depth knowledge.

Managing over 120 visitors in groups, while facilitating Rotunda patients and clinical staff to privately go about their activities, could not have been possible without the enthusiasm and teamwork of the volunteers. There were unavoidable disappointments on the night. Not everyone who came to the Rotunda got to see the Chapel due to constraints on time and numbers of people who could be facilitated on any given tour. Contact details for Rotunda Foundation to arrange a Chapel visit for another time were passed on as the Chapel tour proved to be extremely popular.

The public also had access on Culture Night to the Art Exhibition *CREATE: The Art of Pregnancy, Birth & Beyond*, which took place in the historic front hall of the Rotunda Hospital. CREATE is an art exhibition developed by the HRB Mother and Baby Clinical Trial Network, a network of obstetricians, neonatologists, midwives and related professionals. Common pregnancy and newborn health issues are highlighted and the impact of perinatal research on mothers and babies are celebrated.

Visitors to the exhibit had an opportunity to speak with some of the artists. Listening through the artworks to the experiences of women and the doctors, midwives and researchers who care for them, topics such as perinatal mental health, bereavement and pregnancy loss, IVF, prematurity, labour and birth experiences, and breastfeeding, could be explored in this non-judgemental space.

The Gresham Grasshopper

By Prof Michael Geary
and Dr John Loughrey

The Rotunda Chapel is a fine example of 18th century architecture dating from 1757 and was a key centerpiece in the Hospitals founder, Bartholomew Mosse's, design. The stained glass window in the chapel was erected in 1863, replacing the original plain Georgian windows from the mid-eighteenth century. If one looks closely at the top of the window there is an emblem of a grasshopper in the centre panel, known as the *Gresham Grasshopper*.

The grasshopper was known to be the personal emblem of Tudor financier Sir Thomas Gresham (c1519-1579). Sir Thomas was a hugely influential figure in 16th century London. He founded the first Royal Exchange in London in 1565, which helped turn London into a global centre of finance. Why did this sober man of finance choose a grasshopper as his personal emblem?

Legend has it that Thomas's ancestor Roger de Gresham was abandoned as an infant in the marshlands of Norfolk. The rejected orphan was discovered after his father was attracted by the sound of a chirruping grasshopper while out riding. The abandoned infant was raised as a Gresham son. The Gresham family later made good as merchants, and eventually incorporated the insect into their coat of arms.

In later years, another founding child was abandoned on the steps of the Royal Exchange in London. He was also raised by the Gresham family as Thomas Gresham. Thomas Gresham came to Ireland, and as a very young man obtained employment in the service of William Beauman of Rutland (now Parnell) Square, Dublin. After some time, and while still comparatively young, he became butler to this family. This was an important position in the Georgian household, with its complicated domestic structure.

In 1817, Thomas Gresham purchased 21 - 22 Sackville Street and commenced business there as a hotel, the now famous Gresham Riu Plaza. With the Gresham family personal history of adopting founding or abandoned infants and the fortunate position of the Gresham family as wealthy financiers, the donation of funds to Mosse's Hospital was a logical one. One can only assume that a request was made from Thomas Gresham that the family grasshopper emblem was included in the chapel window.

Hospital Initiatives

Maternity Open Day

By Eleanor Power
GP Liaison/Hospital Relationship Manager

The Rotunda Hospital, with our partners, The Rotunda Foundation and Rotunda IVF, held the first Maternity Open Day on Sunday 7th of October, from 10am to 4pm. Throughout the day, visitors got a behind the scenes look at some of our maternity services, with virtual tours of the various departments at The Rotunda Hospital. There were informative talks as well as taster classes for yoga and hypnobirthing throughout the day and information sessions hosted by our expert staff for prospective parents.

For this event, we received sponsorship from Rotunda IVF. Rotunda Foundation provided us with the Pillar Room along with the cost of the balloon garden, a face painter and an overnight stay in a Dublin Hotel for a raffle prize on the day. *Gotcha Covered* kindly provided a flower wall free of charge and *Printworx* provided signage for the flower wall, free of charge. The Rotunda Cafe donated a wine and chocolate hamper for a raffle. Many thanks to all of our sponsors for this special day. We would also like to thank the many Staff who gave up their time to support the event as well as the great working group who helped with the planning.

It is great to see all strands of the Rotunda working collaboratively together - Rotunda Hospital, Rotunda Private, Rotunda Foundation and Rotunda IVF.



Charter Day, 2018: Staff Recognition





Outpatient Midwifery Induction of Labour – A National Change for Choice

The First Maternity Hospital in Ireland to Introduce the Choice

By Julie Horgan
CMM1, General Prenatal

Greater choice and individualised care for women is one of the main objectives in The National Maternity Strategy (2016-2026). In 2017, the Prenatal Team undertook the opportunity and challenge of implementing a change that would benefit the women that we cared for in the Induction Ward.

We anticipated that it would reduce waiting times, offer choice and provide continuity of care. The midwives on the Prenatal Ward commenced inducing normal risk women for postdates reasons. This change proved to be such a success that it was further enhanced. Since March 2018, these women could return home, offering them the choice of continuing the next 24 hours of their induction in their natural home setting.

Nationally, The Rotunda Hospital is the first Irish hospital to commence outpatient midwifery inductions. The results of this

Initiative have proved positive and effective, not only in reducing time waiting (85% wait time reduction) for the women that we are caring for, but also these women and birth partners have embraced the opportunity to return home, assured that if needed they can return to hospital. Almost 40% of midwifery inductions are now returning home.

My sincere thanks to the many stakeholders involved and those whom facilitated and encouraged this project. Most of all to, our thanks to the positive and proactive colleagues on the Prenatal ward that were so important in the drive for change and assuring positive choices for women and birth partners.

This project, as submitted by Julie Horgan from Prenatal ward to the Irish Healthcare Awards 2018, was shortlisted for 'Outpatient Initiative of the Year'. These awards are hosted by the Irish Medical Times and take place annually in October.

Flu Vaccination Programme 2018

As you may be aware the Rotunda came second in the country for the number of staff Flu vaccinations in 2017/2018. The Occupational Health department wanted to donate some of the prize money back to the staff and to that end are delighted to support Rotunda Catering Manager, Yoichi Hoashi, and his plans for the Restaurant refurbishment project.

Yoichi said, "We hope to see the new look canteen in the New Year. We plan to replace the floor and install fixed seating along the wall (window side) with the Flu fund of €7,500."



L to R: Dr Dominic Natin; Ruth McLoughlin; Minister for Health, Simon Harris; Geraldine Fay; Prof Fergal Malone.

Area	Total	Head-count	%
Management/ Admin	95	137	69.3
Medical	96	130	73.8
Nursing	309	401	77.1
Health & Social	76	80	95
Support Services	82	135	60.7

Leadership Development Programme



L - R: Anu Binu, Shena Subjee, Donna O'Connor, Lorna Thomas and Caroline Sheridan (Michael Smith was not available to attend graduation)

In 2018 the Rotunda sponsored six members of staff to attend the RCSI Hospitals Group Leadership Development Programme which they all successfully completed.

The graduates were drawn from Midwifery/Nursing, Laboratory, Radiography and Patient Services departments. The programme is designed to challenge future leaders within the Health Service. At the graduation ceremony, held on the 29th November, each group had to present a poster on a project they had worked on throughout the programme.

The programme required a significant commitment by all involved. Graduates highlighted some of the learning outcomes and these included the importance of teamwork, adaptability and the importance of networking and stretching their leadership capabilities.

We congratulate them all on this milestone in their careers and using the knowledge they have attained on the programme to the benefit of the Rotunda.



Rotunda Christmas Pudding

Ingredients

- | | |
|----------------------|----------------------------|
| 1. 60g Cherries | 2. 60g Raisins |
| 3. 60g Cranberries | 4. 60g Currants |
| 5. 60g Dates | 6. 60g Candied Peel |
| 7. 60g Sultanas | 8. 150mls Whiskey |
| 9. 60mls Guinness | 10. 60g Ground Almonds |
| 11. Grated Apple | 12. Lemon Zest and Juice |
| 13. 45g Golden Syrup | 14. 24g Flaked Almonds |
| 15. 120g Butter | 16. 110g Brown Sugar |
| 17. 3 Whole Eggs | 18. 50g Self Raising Flour |
| 19. 2.5g Cinnamon | 20. 4.5g Mixed Spice |

Method

- Soak ingredients from 1 to 9 above for 24 hours
- Mix the grated apple, juice, zest of lemon and butter together
- Mix all of the dry ingredients together
- Mix together the eggs and golden syrup
- Mix 1,2,3 of the above together
- Finally add in the eggs and golden syrup
- Transfer the pudding into a greased pudding dish
- Cover with grease proof paper and secure with string and foil
- Place in a saucepan of water half way up sides
- Cover and steam for five hours or longer - the longer it's left, the darker and richer the pudding
- Top up with water as required and remember to not let the pudding boil dry



Sudoku

1			2			4	
	2				3	9	
9		7				5	
		4					5 7
			5	4	1		
3	5					1	
		3				7	9
		1	4				8
	9				2		6

Complete the Sudoku puzzle so that each row, column and region contains the numbers one through nine only once

Well done to **Angela Donnelly, Catering Dept.**, winner of the competition in the Autumn issue.

WIN

Arnotts
EST. 1843

To be in with a chance of winning a **€250 Arnotts Voucher** simply answer the following:

Q: What is the logo for the Rotunda Flu Vaccination Campaign?

Send your answers to Kieran Slevin, HR Dept, Rotunda Hospital, Dublin 1. Closing date 31st Jan, 2019. One entry per person. Terms & Conditions apply. www.arnotts.ie

Answer: _____

Name: _____

Dept & No: _____