

Information Leaflet

DISCHARGE FROM THE EMERGENCY & ASSESSMENT UNIT

(not in established labour)

- If your membranes rupture (waters go), note the colour of the fluid draining and return to the **Emergency & Assessment Unit**.
- If you think your babys movements have slowed down, stopped or changed, return to the **Emergency & Assessment Unit**.
- If you have any bleeding, return to the **Emergency & Assessment Unit** (it is not uncommon to experience some pink/brown discharge following the vaginal examination).
- Return to the **Emergency & Assessment Unit** when your contractions (pains) increase in frequency and intensity and develop into a regular pattern of approximately 1 every 5 minutes lasting 60 seconds.

Where possible please contact the Emergency & Assessment Unit before attending for advice.

Otherwise:

*Return to the hospital on your next planned clinic appointment. If you are worried or anxious, you can contact the hospital at **1800 522 687 / (01) 817 1700** or return to the Emergency & Assessment Unit.*



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