

Information Leaflet

DISCHARGE FROM THE EMERGENCY & ASSESSMENT UNIT

(spontaneous rupture of membranes)

- Check the colour of the fluid draining, if it becomes green in colour or heavily blood-stained, return to the **Emergency & Assessment Unit**.
- If you feel unwell or experience “flu type symptoms”, return to the **Emergency & Assessment Unit**.
- If you think your babys movements have slowed down, stopped or changed return to the **Emergency & Assessment Unit**.
- Return to the **Emergency & Assessment Unit** when your contractions (pains) increase in frequency and intensity and develop into a regular pattern of approximately 1 every 5 minutes lasting 60 seconds.

Where possible please contact the Emergency & Assessment Unit before attending for advice.

Otherwise:

*Return to the hospital on your planned date of induction. If you are worried or anxious, you can contact the hospital at **1800 522 687 / (01) 817 1700** or return to the **Emergency & Assessment Unit**.*



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