

Information for women who have had a LLETZ treatment

LLETZ stands for *Large Loop Excision of the Transformation Zone*. A LLETZ treatment involves the removal of a small piece of the cervix. This piece of tissue is sent to our laboratory where it is examined under a microscope.

It is very important to allow the Cervix to heal and to prevent infection. Please follow these instructions:

- No sexual intercourse for 6 weeks.
- No tampons for 6 weeks.
- No Baths/Swimming/Jacuzzis for 6 weeks. Showering is not a problem.
- No strenuous exercise for 6 weeks.
- It is important you start taking the antibiotics that were prescribed for you today.

Most women will have some bleeding following a LLETZ treatment. This may be as heavy as a period for the first week and then should get lighter each day and should settle completely within a few weeks. When the bleeding settles you may have a brownish discharge for up to six weeks.

The next period following your LLETZ treatment may be heavier than normal.

If the bleeding starts to get heavier or if it continues for more than 6 weeks or if you are aware of an offensive smell you should contact your GP who may prescribe an antibiotic.

Rarely after a LLETZ treatment there may be very heavy bleeding. If this occurs you should come to the Emergency Room.

You will receive a letter giving you the result of your treatment and an appointment for your next visit. A copy will also be sent to your GP.

If you have any queries you may contact the Colposcopy Nurses on **01 8176844/8176874/8172518**. Outside clinic hours contact the main hospital on **01-8171700** and ask to speak to a medical staff member in the Emergency Room.