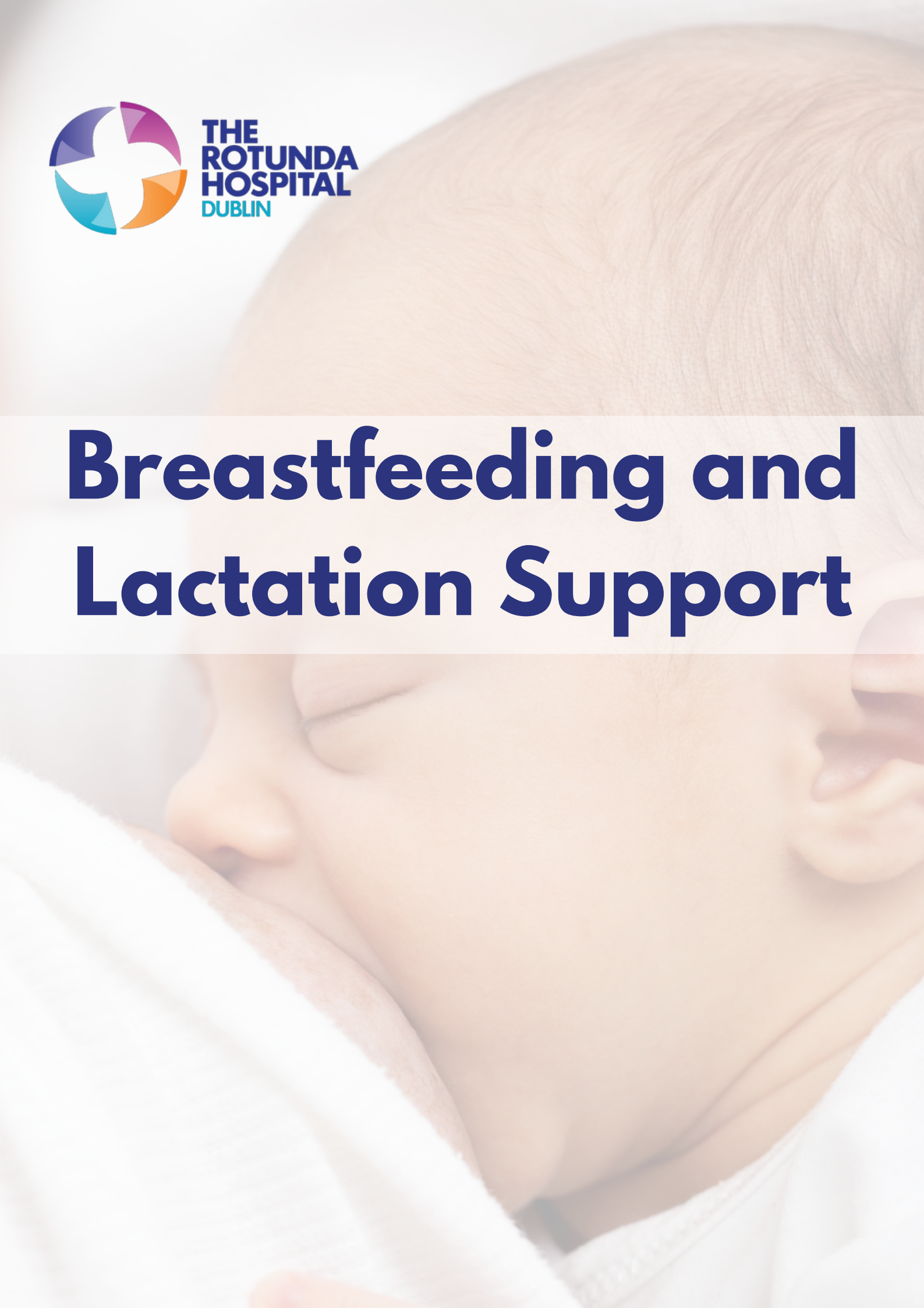




**THE
ROTUNDA
HOSPITAL**
DUBLIN

Breastfeeding and Lactation Support



Breastfeeding support groups in Dublin/Meath

Dublin 7 (Phibsborough/Cabra)

Grangegorman Primary Care Centre, D07H984. PHN facilitated.

Thursdays 10.30 - 12.00

Phone: PHN

018676200/018975126

Dublin 3 (Fairview): Carlton Hall Community Centre Fairview. PHN facilitated breastfeeding support

group. **Wednesday 11.15 – 12.30pm.**

Phone: 017957200

Dublin 3 (Clontarf): Vernon Avenue Health Centre.

Breda Brennan PHN/ibclc.

Phone: 018539500

Dublin 11

(Finglas/Ballymun/Santry/Cabra):

Mondays 11-12.30 – Wellmount Health Centre. **Phone: Mary**

O’Callaghan Community

Midwife/ibclc with Better Finglas.

Phone: 0871809412

Dublin 3/5/9/13/17/9 (to include, but not limited to: Raheny, Kilbarrack, Artane, Edenmore, Coolock, Darndale): Breastfeeding Support - Group Belcamp Village Centre
Wednesdays 11.30 – 12.30.

One-to-one breastfeeding support also available. Phone: Niamh Lohan Community Midwife/ibclc on **018771509 or 0872908386** Melanie (secretary).

Dublin 13 (Baldoye): Cuidiu Breastfeeding Support Group at Baldoye Family Resource Centre, Grange Road.

Mondays 9.30 – 10.30

Breastfeeding support groups in Dublin/Meath

Dublin 13 (Portmarnock):

Parish Centre, Strand Road
Portmarnock.

Phone: 019213640/018461561.
PHN facilitated. **Thursdays 11-12.**

Malahide - Malahide

Breastfeeding Support Group,
Malahide Parish Pastoral Centre,
Main Street, K36 RY76. PHN
facilitated.

Phone: 018283110/018451244.
Tuesdays 11-12pm.

**Malahide - Cuidiu Breastfeeding
Group, Seabury Parish Centre,
Malahide,
K36 ND71.**

Wednesdays 10-11am.
**Phone: Catherine on
0834461060**

**Howth/Sutton - Howth Parish
Catholic Church, Howth.**

Phone: 018322984/018395719.
PHN facilitated breastfeeding
support
Thursdays 11-12pm.

**Swords – Holywell Community
Centre, Holywell, Swords, K67
P8P9.**

Phone: 018971010/019212100.
PHN facilitated Breastfeeding
Support Group.
Wednesdays 11-12.15pm

**Balbriggan Breastfeeding
Group 66-70 Dublin Street,
Balbriggan K32 HC94.**
Thursdays 11-12pm

Breastfeeding support groups in Dublin/Meath

Lusk - Lusk Breastfeeding Support Group, Main Street Lusk, K45 VN80.
PHN facilitated.
Wednesdays 11-12pm.
Call 018709019

Rush - Rush Breastfeeding Support Group, Rush Community Centre, Main Street, Rush.
PHN facilitated.
Phone: 018439349.
Tuesdays 11.00 – 12.00.

Skerries – Skerries Breastfeeding Group, 58-59 Thomas Hand Street, Skerries
K34 WK35. **Phone: 018494910.**
Thursdays 11-12pm.

Donabate/Portrane
Breastfeeding Support Group - Donabate Portrane Community Centre, 3 Portrane Road, K36 FY26. PHN facilitated.
Thursdays 10 -11am.
Call 0183434546/018343418.

Dublin 15

(Blanchardstown/Clonsilla/Hartstown /North County Dublin/East Meath) -
La leche league **every 2nd Tuesday -**
Blakestown Community Resource Centre. – see LLL website for more details.

Coffee Morning in Crown Plaza D/15
1st week of every month.
Phone: Lynn Carroll on 0866097559.

Dublin 15
(Castleknock/Blanchardstown)
Roselawn Health Centre.
PHN facilitated
Phone: 016464500.

Breastfeeding support groups in Dublin/Meath

Ashbourne: Ashbourne
Primary care Centre, Unit 12
Killegland Walk, A84 A627.
PHN facilitated.
Tuesdays 2pm-3pm.
Phone: 016914600.

Dunboyne: The Oak Centre
Breastfeeding Support Group,
Maynooth Road, Dunboyne Co.
Meath A86 FD26.
PHN facilitated.
Wednesdays 9.30am - 11am.
Phone: 018252678.

**Meath: Cuidiu – Call Andrea
Casey on 0852737598 or e-
mail
[cuidiumeathbreastfeeding@
gmail.com](mailto:cuidiumeathbreastfeeding@gmail.com)**

**Down Syndrome Ireland
Parent and Baby group
Tuesdays 10am-12pm
Baldoyle Family Resource
Centre**