

Breastfeeding Resources

Have a question about breastfeeding?

Visit www.mychild.ie for professional information and support

To access a copy of HSE booklet Breastfeeding –A Good Start

www.healthpromotions.ie and click on publications and then breastfeeding

Breastfeeding - A Good Start

Order code:HNP00376

Topic: Breastfeeding

A5 booklet giving guidance on all aspects of breastfeeding

[Order Now](#) [Download](#)

Kellymom <https://kellymom.com>

Other useful supports :

Video

Global Health Media :Attaching your Baby to the breast

<https://globalhealthmedia.org>

Stanford university <https://med.stanford.edu>> newborns

Expressing breastmilk.

Nancy Mohrbacher natural breastfeeding

www.nancymohrbacher.com

Breastfeeding supports

Rotunda Hospital : Phone support.
Please phone Lactation department as currently group support meetings are suspended.

PUBLIC Health Nurse

GP : medical concerns

ALCI . Association of Lactation Consultants in Ireland (for private Lactation Consultant)<https://www.alcireland.ie>

On line chat with Lactation consultant www.mychild.ie

Voluntary support groups

La Leche League : www.lalecheleague.com

Ciudiu : www.ciudiu.ie

Friends of Breastfeeding : www.friendsofbreastfeeding.ie